

BULLETIN



RIDGEVALLEY SCHOOL

A GREAT PLACE TO BE

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Ridgevalley School Website:
<http://www.pwsd76.ab.ca/schools/rvs>

January 2012

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JANUARY



- January 1, 2 Christmas Break – no school
- January 9 - Early out – Buses leave at 2:33
- January 27 - Family Literacy Day
- January 30 - Report cards go home for Jr/Sr High & Kindergarten

FEBRUARY



- February 6 - Early out - Buses leave at 2:33
- February 10 - School PD |Day - no school
- February 17 - District PD Day - no school
- February 20 - Family Day – no school
- February 23 - School Council Meeting – 7:00 p.m. (school library)

HOT LUNCH MENU

Jan 11 make up day for Grade 1 & 6

hamburgers
mini pizza

Jan 13 Grade 2 & 5

Hamburgers
Mini pizza

Jan 20 Grade 3 & 4

Wings
mini pizza

Jan 27 Grade 1 & 6

Italian Sausage/Perogies
Chili fries



Welcome Back Students and Families of Ridgevalley

I hope everyone had a fantastic and restful holiday.

This is the last month of the semester for senior high students – which means it is exam time. Please note the diploma exam schedule from Alberta Education. Our own school exam schedule will be provided to students later this month. The second semester begins on January 31st.

This unseasonably warm temperature and rain has wreaked havoc on our playground! The sidewalks have been salted/sanded and shoveled, however, that is not an option for the playground, (or outdoor skating rink as it appears to be right now!). Students will have restricted access to outdoor play areas. We will expand play areas as it becomes safe to do so. Until then there will be extra time in the gym to run off energy and perhaps fresh air breaks in the courtyard.

Please watch for notices regarding our junior high basketball teams. They are in the Peace Wapiti League with both home and away games and are scheduled for several tournaments in the next few weeks. We are also hosting the junior girl's basketball zones tournament this year. Good luck to all our young athletes!

Parents of students in grades 4, 7 and 10 please watch for the Accountability Pillar questionnaire from Alberta Education this month. As an annual check-up on the education system, the Accountability Pillar provides an opportunity for Alberta Education and school authorities to ensure that we're equipping students for success. The Accountability Pillar uses a set of 16 indicators consisting of surveys of students, parents and teachers on various aspects of quality; student outcomes such as dropout and high school completion rates; and provincial assessments of student learning.

From January to the end of February, Alberta Education will be conducting the annual Accountability Pillar Survey. In January, parents of students in grades 4, 7 and 10 will receive a survey from Alberta Education. In February, students in grades 4, 7 and 10 and all teachers will be completing their surveys online at school.

All surveys are anonymous and ask questions about experiences with the school. Your participation in the survey helps provide important information on the quality of education your child is receiving, so we encourage you to return your survey promptly. Survey results will be available to school authorities in May 2012, and will be reported publicly as part of their 3-Year Education Plans and Annual Education Results Reports.

Your input is extremely important so please find the time to complete the survey. If you have any questions regarding the questionnaire please feel free to ask your child's teacher or contact myself at the office

(780) 957-3995.

Have a splendid month!



Diploma Examinations Schedule: January 2012

Diploma examinations **must** be administered according to the scheduled dates and times.†

All examinations, except those that are asterisked, remain secured after administration.		
Wednesday, January 11	9:00 – 11:30 A.M.	English Language Arts 30–1 Part A* English Language Arts 30–2 Part A*
Thursday, January 12	9:00 – 11:30 A.M.	Social Studies 30–1 Part (ie) A*
	9:00 – 11:00 A.M.	Social Studies 30–2 Part (ie) A*
Friday, January 13	9:00 – 11:30 A.M.	Français 30–1 Partie A French Language Arts 30–1 Part A*
Thursday, January 19	9:00 – 11:30 A.M.	English Language Arts 30–1 Part B English Language Arts 30–2 Part B
Friday, January 20	9:00 – 11:00 A.M.	Social Studies 30–1 Part (ie) B Social Studies 30–2 Part (ie) B
Monday, January 23	9:00 – 11:00 A.M.	Français 30–1 Partie B
	9:00 – 11:30 A.M.	French Language Arts 30–1 Part B
Tuesday, January 24	9:00 – 11:00 A.M.	Biology 30
Wednesday, January 25	9:00 – 11:00 A.M.	Applied Mathematics 30 Pure Mathematics 30
Thursday, January 26	9:00 – 11:00 A.M.	Chemistry 30
Friday, January 27	9:00 – 11:00 A.M.	Physics 30
Monday, January 30	9:00 – 11:00 A.M.	Science 30

† Students are permitted an additional one-half hour beyond the officially scheduled time to complete their exams.

Note: The Diploma Examination schedules for 2011–2012 are to be considered draft until confirmed in the November 2010 update. They may, however, be used as a planning tool when preparing the 2011–2012 school year calendar.



EDUCATION

Office of the Minister

to: Board Chairs of Public, Separate, Francophone and Charter School Boards

Since the launch of Our Children, Our Future: Getting it Right public consultations on the Education Act, I have received a great amount of feedback from students, teachers, parents, administrators, and interested Albertans across the province.

The point of this consultation was to hear from as many Albertans as possible, and in particular stakeholders who have not normally been a part of education talks before. Part of listening to all stakeholders is ensuring students' voices are heard. As you know, I wrote a letter to all of Alberta's K-12 students, and copies were sent to superintendents for distribution through schools. While the response from students has been encouraging, I understand that some of the letters were distributed to schools too late to meet the public January 8th deadline. In light of this, the date for student submission has been extended to January 18th.

Please ensure your schools distribute my letters asking students for their ideas, and ensure that they are aware of the new January 18th deadline.

Thank you for your cooperation in this endeavor. If you have any questions, please contact me.

Sincerely,

Thomas A. Lukaszuk

Minister of Education

MLA, Edmonton – Castle Downs

cc: Superintendents of Public, Separate, Francophone and Charter School Boards

423 Legislature Building 10800 – 97 Avenue, Edmonton, Alberta T5K 2B6 Canada

Telephone 780-427-5010 Fax 780-427-5018 Email

Education.Minister@gov.ab.ca<mailto:Education.Minister@gov.ab.ca>

FW: Deadline extended for student input on Education Act - JANUARY 18, 2012

People are encouraged to provide ideas on Alberta's education legislation:

Online: www.education.alberta.ca/engage<<http://www.education.alberta.ca/engage>>

Email: engage.education@gov.ab.ca<mailto:engage.education@gov.ab.ca>

By mail: Honourable Thomas Lukaszuk, Minister of Education, 423 Legislature Building
10800 - 97 Avenue NW, Edmonton, AB T5K 2B6

Facebook: www.facebook.com/AlbertaEducation<<http://www.facebook.com/AlbertaEducation>>

Twitter: Use the #abed hash tag

From: Education Minister

[mailto:Education.Minister@gov.ab.ca]<mailto:[mailto:Education.Minister@gov.ab.ca]>



ARCTIC WINTER GAMES
WHITEHORSE 2012
March 4 - 10, 2012

2012 ARCTIC WINTER GAMES



SNOWBOARDING QUALIFIERS January 20, 21, 22, 2012

Vista Ridge Ski Hill, Fort McMurray, Alberta

Categories: Junior (male/female) – 1993 or later

Juvenile (male/female) – 1995 or later

The Events: Banked Slalom (male/female)

Slopestyle (male/female)

Snowboard Cross (male/female)

½ Pipe (male/female)

****All riders are welcome to come and try out**

Please contact **Beryl Larson** (Sport Coordinator) at wyc01@telus.net or 780-876-2320 if you want to try out for the 2012 Arctic Winter Games, I will send you a registration package that needs to be submitted by all athletes and coaches before the 20th of January, 2012.

Any Coaches (male/female) with CSF Level 1 that would be interested in coaching the AWG please contact Beryl Larson at wyc01@telus.net.

Start your morning right!

Breakfast is an important meal of the day.

Eating first thing in the morning helps your child to be more alert during the school day.

In fact, kids who eat breakfast are more likely to do well in school and have healthier weights.

Here are some easy and quick breakfast ideas:

- + Whole wheat toast with peanut butter and a banana.
- + Oatmeal topped with walnuts and strawberries.
- + Mixed cereal – mix several high fibre cereals and add some fruit.
- + Poached egg(s) and cheese with a slice of whole wheat toast.
- + Smoothie made with fruit, yogurt and milk.
- + Whole grain English muffin with an apple and glass of milk.

If you run out of time in the morning encourage your children to take breakfast on the go. Try to find a breakfast that works best for your family and start everyone's day off right.

For more information and breakfast ideas please visit www.albertahealthservices.ca

This month's featured recipe...

Basic French Toast

4 eggs, lightly beaten
 2/3 (125 mL) cup low fat milk
 8 slices firm whole wheat bread
 4-5 tsp (20-25 mL) margarine



Directions:

1. Combine eggs and milk in a plate; beat with a fork until well blended.
2. Dip bread slices into the mix to coat each side.
3. Melt 1 tsp (5 mL) butter or margarine in a frying pan over medium heat. Brown each side of bread until it is cooked through. Serve immediately or freeze for later use.

To reheat frozen French toast slices:

Put in the toaster or
 Microwave on high for 30 to 45 seconds or
 Place in the oven at 400°F for 10 minutes

Watch, discuss, reinforce

Teaching your children to be 'media wise'

By watching advertisements with your child, and engaging in meaningful discussion, you can help your child to recognize important strategies that will teach them to be media wise.

Use these discussion starters as an opportunity to reinforce your family values and show children how to think critically about what they see, hear and read.

Remind them that, in the end, they have the ability to make their own choices.

Following the viewing of an ad that shows beautiful people having fun, ask:

- + What did you like best about that ad?
- + What did you notice about all of the people?
- + Do you think that is the way most people look?
- + Do you think that the ad is really showing you



Teaching your children how to be media wise helps them understand the plethora of messages they receive from advertisers and other programming on television.

what it would be like to use their product? Why or why not?

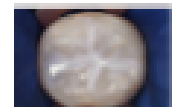
+ Why do you think advertisers use beautiful people in their ads?

For more information about this topic, visit www.longlivekids.com.

Seal out tooth decay!

Sealants help to prevent cavities on the chewing surfaces of your child's back teeth. They are made of a clear or tooth-coloured plastic material.

They don't require any drilling or freezing and cost much less than a filling. Ask your dentist or hygienist about sealants.



Thank you

- A special thank you to the DeBolt Fire Department for once again supplying the goodie bags for all the Children at the Christmas concert. Thanks to Bonnie Schulz for filling the bags. Santa's visit adds to the excitement of the evening. Ridgevalley Staff and Students would like to thank you for your contribution to make a fun filled evening!
- Thank you to Terri Hatch for the donation of colourful classroom posters.
- Thank you to all who supported the Ridgevalley School Council Society Silent Auction. Many items were donated to make it a huge success. Your generosity is greatly appreciated!

Thank you to the following sponsors:

Amanda Cauchie

Annah Cake - Shelley Reimer

Bevar & Penny Rose

Bob Knull

Burke Calibration - Quenton & Terri Hatch

C.J. Alpacas - Theresa & Cam Matlock

Clint & Vivian & Family

Dasco Machinery Analysis Ltd

Davy Crockett's Oilfield Services

Dawn Chapman

Diane Jaynes - Watkins

DRT Contracting - Darryl & Cindy Turner

Dyna-Verse Petroleum Fluids- Brett Larkin

East Smoky Gas Coop

Elaine Moore

Endura Manufacturing - Shane Groves

Ernie & Kim Warkentin & Family

E-Z Backhoe Services

Harold & Mary Lou Matlock

Irene Riding

Jim & Maria Dyck

Ken & Laurrie Rieger

Kerry Zenner

Klassen Brother's Northern Ltd.

Klassic Maintenance - Clint Klassen

Magpie & Stump Buffalo Ranch -
Fred & Maggie Huette

Michelle & Dennis Sampson

Peter & Elaine Scharf

Princess House - Thea Thompson

Ray Turner Contracting - Ray & Millie Turner

Reform Energy - Brent Tiedemann

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Ruth Rieger

Shebranee Trucking-Deena & Billy Loewen

Trapper Gord - Gordy Klassen

Wendy's Hair & Nails - Wendy Dukart

Dill Vegetable Dip

Ingredients

- 1 cup sour cream
- 1/2 cup mayonnaise
- 1 tablespoon finely chopped onion
- 2 teaspoons dried parsley flakes
- 1 teaspoon dill weed
- 1 teaspoon seasoned salt
- Assorted fresh vegetables

Directions

Combine the first six ingredients; mix well. Cover and refrigerate. Serve with vegetables.

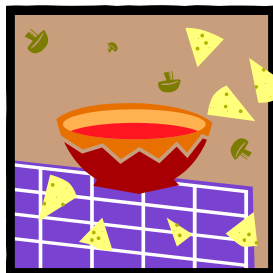
Spicy Veggie Dip

Ingredients

- 1 cup mayonnaise
- 1/2 cup sour cream
- 1 teaspoon dry Italian-style salad dressing mix
- 1/8 teaspoon curry powder
- 1 tablespoon dried minced onion flakes
- 1 tablespoon dried parsley
- 1 1/2 teaspoons lemon juice
- 1/4 teaspoon salt
- 1/2 teaspoon Worcestershire sauce

Directions

1. *In a medium bowl, mix together mayonnaise, sour cream, Italian-style salad dressing mix, curry powder, dried minced onion flakes, dried parsley, lemon juice, salt and Worcestershire sauce. Chill in the refrigerator until serving.*



RIDGEVALLEY SCHOOL - JANUARY 2012 CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 New Years Day	2 No school	3	4	5	6	7 
8	 9 Early Out Buses leave at 2:33	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27 Family Literacy Day	28
 29	30 Report Cards for Jr/Sr High Kindergarten	31 Semester 2 Begins				

FEBRUARY



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