



***You CAN make a difference!***

**Peace Wapiti School Division 76**

Access and sign up to The Parent Program™ at

[www.TheParentProgram.com/canalbsd76A2131.htm](http://www.TheParentProgram.com/canalbsd76A2131.htm)

Parents of children in public schools and home-schooled in SD 76 can access the program cost free.

Schools can print out the program for parents who do not have access to the internet.

**Information for School councils and Educators**

Parents will need to hear about the program on a regular basis. As with advertising most parents need to hear about the program 3-6 times before they sign up. The SD has a disk and binder with templates for this purpose and to make it easy for you.

**Parents, this program is made to suit your needs.**

15 minutes per day, giving you positive tools you can practice with at home 24/7 accessible, fun and stimulating.

Weekly print out sheets for on the fridge will help you to get everyone involved.

*"I am just amazed at how things have changed in our household. It's like a huge calm has come over us all. So wonderful to experience. Thank-you from the bottom of my heart." Tina Mullen*

**Together we WILL make a difference,  
at home and at school**

Talk about The Parent Program; sign up and share your stories. Be a buddy and/or set up/help out your school study group. And affect a generation of children!

***Yes, you CAN make a difference!***

**The Parent Program™ program snapshot**

15 weekly emails connecting you to:  
30 minutes of reading p/w  
10 minutes of audio p/w  
and  
15 minutes of daily exercises

Topics include:  
**Open Communication**

**Active Listening**

**Understanding Behavior**

**Dealing with Defensiveness**

**Being Partners in Parenting**

**Conflict Resolution**

**Family Decision Making**

**Rules and Boundaries**

**Discipline and Natural Consequences**

**Self Care for Parents**

**The Parent Program™**

will help you master positive parenting attitudes and tools in easy steps. You will immediately start to act to achieve what you want.

You will discover and master the power of

**The Win-Win Parent**  
**The Coaching Parent**  
**The Big Picture Parent**  
**The Learning Parent**  
**The Positive Parent**  
**The Eye Check**  
**Active Listening**  
and much more.

You will create your own **Family Framework**

and take the time to achieve your personal goals, while you are parenting.