

# PEACE WAPITI PUBLIC SCHOOL DIVISION NO. 76

## **POLICY IHCG – Nutrition Policy**

The Board recognizes that proper nutrition is an important component for health and wellbeing of children and plays a key role in our children's ability to learn.

### **PURPOSE**

To support schools in working with parents to help ensure proper nutrition for all students.

### **GUIDELINES & PROCEDURES**

1. Schools must make every effort to encourage healthy eating habits and lifestyles by creating a school nutrition policy in consultation with their School Council.
2. Schools may:
  - a) consult other stakeholders including parents and students;
  - b) consider their unique individual needs of the school community;
  - c) consider the options available in their school such as vending machines, canteens and cafeterias.

### **REFERENCES**

**Cross References:** links to

**[IHCG Exhibit 1](#)**

Resource Package for Creating School Nutrition Policy

**Legal Reference:** School Act RSA 2000 Section

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