



Spring General School Councils Meeting

Meeting Type : School Councils Meeting

Date : Tuesday, March 28, 2017

Start time : 6:00 PM

Location : Sexsmith Secondary School Cafeteria

- | | |
|---|---|
| Call to Order | PWSD Board Chair called the meeting to order at 6:25 p.m. |
| Welcome and Introductions | Dana McIntosh, Board Chair, introduced trustees and Central Office staff. |
| Division Update | The PWSD Division Update was provided as information (attached). Dana McIntosh highlighted upcoming School Board Trustee Elections. Brochures were provided (attached). Nomination Day is September 18, 2017 and Election Day is October 16, 2017. Anyone interested in learning more about becoming a school board trustee can contact JoAnn Vanstone, Corporate Secretary, for more information or to get a Candidate Information Package. (email: joannvanstone@pwsd76.ab.ca or phone 780.831.3053). As resources become available, they will be posted on the web page. |
| Provincial Budget and School Fees | Ralph Paquin, Secretary-Treasurer, provided an update on the provincial budget and school fees. He advised that the Government is reducing school fees and consequently the Board approved Annual Basic Instruction Supply Fees will be eliminated (ECS-\$50; Elementary-\$50; Junior High-\$60 and Senior High-\$80). There will be some other reductions in fees as clarifications are received. The good news for Peace Wapiti is that most grants are frozen and enrolment growth will be funded. Funding for CEUs (Credit Enrolment Units) at high schools will decrease slightly and some funds will be shifted from Instruction to Plant Operations and Maintenance. General costs continue to increase due to inflation, and in particular due to the Carbon levy, without an offsetting increase in funding. |
| School fundraising, School Councils and School Fundraising Societies | Secretary Treasurer Paquin provided an update on school fundraising, school councils and school fundraising societies. He reviewed a package of resources for school councils that were included in the agenda package and will be added to the School Council Toolbox on the PWSD School Councils web page. <ul style="list-style-type: none">• The government requires transparency so the public knows how public funds are used. As school boards are public |

bodies and funded by the government we are required to report fundraising on our financial statements. To report correctly and appropriately, funds raised through school councils and school fundraising societies must be accounted in the school's accounts. In general, if the fundraising activity involves the use of the school building, students, staff, it should be accounted for in the School Generated Funds (SGF). Casinos or steak suppers that occur off school grounds may be recorded through the society.

- Schools that have a Society should have insurance, as directors can be held personally liable. PWSD's insurer is Lloyd Sadd. Information about insurance is included in the resources provided.
- Councils were advised of the proposed changes to Policy JC - General School Councils and the Notice of Motion made at the March 23, 2017 Board Meeting for the April 27, 2017 meeting.

Engagement activity

Attendees reviewed the changes that were approved in principle to Policy JC - School Councils and provided feedback on the Policy Input Form. The results will be compiled and provided to the board.

Alberta Health Services - Healthy School Policy

Kaitlin Niksic, BKin, BEd, and Danielle Wohlgemuth, Registered Dietician, from Alberta Health Services presented on Healthy School Policy. Their powerpoint presentation, Healthy Eating Rubric and sample wellness policy are attached and will be available in the School Council Toolbox on the PWSD School Councils web page.

[AHS Comprehensive School Health](#)

[AHS Nutrition](#)

[Birthday Book Video](#)

HIV North Presentations

Melissa Byers, Executive Director, HIV North advised about education and services available to schools and school councils. Brochure outlining services attached. Contact information:

- Ph: 780.538.3388
- Email: director@hivnorth.org
- web: www.hivnorth.org

Alberta School Councils AGM

Tyla Savard provided information about ASCA Conference. She explained the importance of completion of the proxy and credential forms. Member delegate materials are available on the ASCA website at <http://www.albertaschoolcouncils>

Conference attendees wanting to reserve a spot on the white bus are reminded to advise Ivy Dube by April 12. ph: 780.532.8133 or email: ivydube@pwsd76.ab.ca

Adjournment

The meeting adjourned at 8 pm.



**PEACE WAPITI PUBLIC
SCHOOL DIVISION NO. 76**
EDUCATING TODAY FOR SUCCESS TOMORROW

Tuesday March 28, 2017

General School Councils' Meeting

Name	School	Parent	Principal	Teacher	Central Office	Trustee	Other
Wendy Kelm	PWSD* Trustee					✓	
Dana McTosh	PWSD Trustee						
Sheldon Row	Supt				✓		
Patti Nichol	HRs		Asst				
Bob Knall	PWSD					✓	
Terri Hatch	Bezanson	✓					
Rachel Iverson	Bezanson	✓					
Corriene Ostaszewski	Bezanson	✓					
Erin LaFond	Harrold/Balfour	✓					
Christie Spronk	HB	✓					
Terry Fast	LaGlance		✓				
Tyla Saward	ASCA	✓					
Darren Young	PWSD				✓		
Wanda Gerard	PWA		✓				
Stacey Korenauk	BES	✓					
Carmen McDonald	BES	✓					
Anna Nelson	BRITB		✓				
Lisa Arling	Penson	✓					
Jenny McRae	Penson		✓				
Alex Hyacinthe	Penson	✓					
Rick Schurdiak	Town of Sexsmith						✓
Jason Cantfeld	PAWE		✓				



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Name	School	Parent	Principal	Teacher	Central Office	Trustee	Other
JoAnn Vanstone	CO.				✓		
Rula Taylor	SAVANNA		✓				
Casey Brown	Teepee Creek		✓				
Penny Rose	RVS		✓				
Edi Hurdlen	RVS			✓			
Carrie Thorson	La Glace	✓	Parent				
Holly Gould	HRS		Asst ✓				
Monica Chambers	PWA.	✓					
Tina Nelson	PWA	✓					
Janis Schau-Steinke	PWA	✓					
Jack Wapemout	PWA	✓					
Dan George	PWA	✓					
Amy Bowie	CCS	✓					
Tina Elford	CCS	✓					
Kwina Elias	CCS		✓				
Elizabeth Linfield	Bez		✓				
Step Clarke						✓	
D. Speagun	HRS		✓				
K. San	BRHS		✓				
Anna Underwood	HET / Brhs	✓					
Sharilyn Anderson	PWSD Trustee			B		✓	
Doree Cm	" "					✓	



Peace Wapiti Public School Division

MARCH 28, 2017

DIVISION UPDATE

Central Office, 8611A-108 Street, Grande Prairie, Alberta T8V-4C5 | www.pwsd76.ab.ca

Inspiring all learners to become confident, collaborative and ethical citizens motivated with a passion to achieve a sustainable future.

STAFF UPDATE

New leadership for upcoming school year

Rod Vanstone will be the new Principal of Penson School. He currently serves as Assistant Principal, Counselor and teacher of music, band and language arts at Clairmont Community School (CCS). He replaces **Jenny McAusland** who will join the new Whispering Ridge Community School as Assistant Principal.



Beaverlodge Regional High School (BRHS) social studies and health and fitness teacher **Scott Bowen** will be the new Assistant Principal at CCS. He has taught abroad in England, holds a Masters in Educational Leadership, served as High School Redesign Coordinator at BRHS, attended the 2013 Teachers Institute on Canadian Parliamentary Democracy in Ottawa, and coaches a variety of sports.



Paula Taylor will join Terry Pattison as Co-Principal of Eaglesham School, replacing Fiona Logan who retires in June, 2017. Ms. Taylor currently serves as Principal at Savanna School.

Kim Schellenberg, teacher-counselor at Harry Balfour School since 2015, will be the school's new Assistant Principal. She began her teaching career in 1999; completed a Masters in Counseling in 2006; became a Registered Psychologist in 2008; and worked as a Mental Health Therapist and Educational Psychologist, leading the Student Support Services team at Fort Vermilion School Division.



Work is progressing on schedule at the site of the new Whispering Ridge Community School.



The new Robert W. Zahara Public School.



The modernized Teepee Creek School.

Whispering Ridge Community School progressing on schedule – Tentative date set for Teepee Creek, R.W. Zahara grand opening events

The steel crew has been on site at Whispering Ridge Community School (WRCS) since early February. Their first task was to organize and lay out steel in preparation for stand up and assembly, and the walls are now taking shape. The Q-Deck crew arrived at the end of February and has been busy installing the east wing second floor and roof. Work is progressing on

schedule, and the school is expected to be ready for the predicted January, 2018 opening. More info on page 2.

Friday, June 9 has been set as the tentative date of the rescheduled grand opening events at Robert W. Zahara Public School in Sexsmith and Teepee Creek School, pending confirmation from the Minister of Education's office. Watch for a formal announcement soon.

Average class sizes experience slight increase

Average class sizes are up across PWSD. Class size data is divided into four Divisions, broken down as Div. 1: Kindergarten - Grade 3; Div. 2: Grades 4-6; Div. 3: Grades 7-9; and Div. 4: Grades 10-12.

In his report to the Board on December 8, 2016, Deputy Superintendent Bob Stewart noted that PWSD's highest increase over last year was seen in Div. 1, averaging an additional 1.8 (nearly two) students per class in the 'All Subjects' data. The smallest increase was seen in Div. 2, at 0.7 in the Grades 4-6 'Core Subjects' category. Div. 4 high school classes saw a 0.3 reduction in 'Core Subjects' over last year, and a 0.8 drop in the 'All Subjects' category.

"Changes were made to the staffing formula to allow schools with a smaller student population a more stable, centrally-supported teacher FTE allocation," says Mr. Stewart.



"When we take a look at five-year historical data, teaching assignments have increased by 24.22 FTE, from 311.53 to 335.75. We also experienced an increase of 326 students in the same time frame. The current staffing formula also provides opportunity for embedded teacher collaboration time, with some schools combining classes to increase that time. Additional support through education assistants, physical space, and teacher expertise were all considered prior to making such decisions," adds Mr. Stewart.



AWARDS AND ACHIEVEMENTS

R.W. Zahara Public School Principal wins national Principals of Music Award

Congratulations to Principal Lawrie McKeith, R.W. Zahara Public School, on her 2016 Principals of Music Award, Western region, presented in December by the Coalition for Music Education. Ms. McKeith received a plaque and \$1,500, to be applied to her school's music program.

Two Beaverlodge Elementary School staffers receive Passionate Heart Awards



Beaverlodge Elementary School's Assistant Principal Andrew Lojczyc and Administrative Assistant Lisa Cage Ostaszewski received Passionate Heart Awards on February 14, recognizing outstanding contributions in the area of social services.

PWSD student-athletes, staff and a team recognized by Grande Prairie Sport Council

The Grande Prairie Sport Council hosted the 2017 NW AB Sport Excellence Awards gala on March 10. Congratulations to Developmental Coach of the Year nominee Darrell Willier, FNMI Education Coordinator at PWSD. Kinley Link, Grade 11 student and wrestler at Sexsmith Secondary School, was named Female Athlete of the Year, and Peace Wapiti Academy student-athlete Allison Pilgrim was nominated in the same category. The Spirit River Regional Academy Girls Volleyball team was nominated for the Female Team of the Year Award, and player Quinn Pelland received a separate nomination for Junior Female Athlete of the Year. Former PWSD bus driver Marjorie McAusland was honoured posthumously with a Sport Builder Award.

<http://gpsportcouncil.ca/event/sport-gala>.

NEW DEVELOPMENTS

Important information – Whispering Ridge Community School

WRCS Principal Shawn O'Shea has initiated WRCS News to keep families informed of the progress of the school. The monthly newsletter is available on the PWSD and WRCS websites and PWSD's social media feeds, and is emailed to families who sign up for the newsletter on the WRCS website.



Did you know?

WRCS will include a Foods classroom with five fully equipped workstations. The space includes a canteen that opens to the gathering area to offer food service for weekend activities and noon hour snacks. The unique learning commons features floor-to-ceiling windows, flexible furniture and a fireplace, with walls that open to the student gathering area. The gym will be the largest elementary/junior high gym throughout PWSD, only slightly smaller than PWSD's largest high school gym. For more information, click the 'New School' button on the PWSD website, or visit

<http://www.pwds76.ab.ca/SchoolInfo/Pages/New-Schools.aspx>.



Kindergarten - Grade 8 opening format

Preference for a Kindergarten-Grade 8 opening format was apparent in the feedback gathered through parent, staff and student surveys, and is supported by PWSD's Board and Executive Team.

STUDENT ACHIEVEMENTS

PWSD honours top academic students of past school year

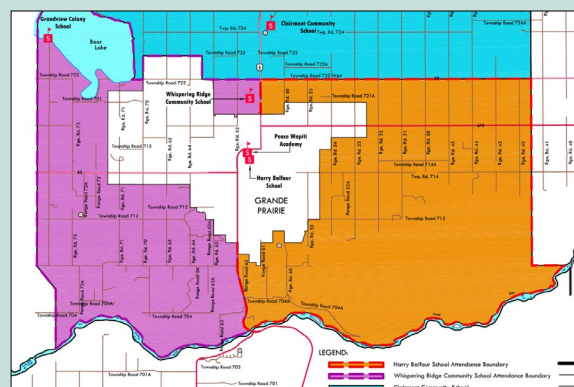
PWSD's Board of Trustees honoured seven former students for outstanding academic achievement in the 2015-2016 school year at a ceremony and luncheon during the February Board meeting. Those in attendance were on study break from various post-secondary institutions.

Mikayla Watt, a graduate of Beaverlodge Regional High School (right), was named **Top Student in the Division** and received a \$300 award for her achievement.

Awards of Excellence in the amount of \$100 were presented to those who graduated with averages



Attendance Boundary Map



The current Harry Balfour School (HBS) attendance area will be divided in the south along Hwy. 40, from the Wapiti River to the Grande Prairie city limits. In the north, the boundary will run along Hwy. 2 from the Grande Prairie city limits, ending at the interchange with Hwy. 43, which marks the start of Clairmont Community School's boundary line. The western portion of the current HBS attendance area (see purple section in the above map) will be assigned to WRCS, effective the 2017-2018 school year. Families who reside in the new WRCS attendance area, but wish to remain at HBS will be required to provide transportation.

WRCS Intent Form

Parents who intend to enrol their child(ren) at WRCS must complete an online Intent Form: <https://www.surveymonkey.com/t/intent-form>. The forms are critical for ordering materials and making staffing decisions.



Playground fundraising underway



Follow 'Whispering Ridge Playground Society' on Facebook for playground fundraising information.



above 90 per cent. Noted for this achievement were Sexsmith Secondary School graduates Blain Moskalyk, Justin Ikenouye and Hailey Huls (pictured center-right).

Top in School Awards in the amount of \$100 were presented to graduates Christen Rose (second from left) of Ridgevalley School, Kevin Bolster of Eaglesham School and Madi Binks of Peace Wapiti Academy (both are missing from the photo), for achieving the highest marks at their respective schools.

Appendix 2 for M.20160704002 (Issue Attachment: I.20160704006)

Busy year for IT Department

The annual PWSD Information Technology (IT) report to the Board in December, 2016 showed growth in wireless activity at all schools. Google Chromebooks continue to be the device of choice, with more than 2,700 playing a key role in education at PWSD schools. G Suite for Education, formerly Google Apps for Education, is widely used by students and staff, and all students have Gmail accounts.

Internet usage grows each year, and the IT Department expects to increase its current 150 megabyte allotment for the Division. While SuperNet is a great tool, it is lagging behind PWSD's needs. Larger schools require more than 100 megabytes per second, while some smaller schools are hampered by slower rural service that delivers only 20 megabytes per second.

All school site phones were upgraded and the new handsets issued by Polycom seem to be addressing earlier technology issues.

Three-Year Education Plan and AERR

Alberta Education required the submission of a Three-Year Education Plan and Annual Education Results Report (AERR) for 2016-2019 by November 30, 2016. To access a printable PDF of the document online, click the District Reports button located at www.pwsd76.ab.ca.



PWSD's FNMI Scholarship awarded to Spirit River Regional Academy graduate Katelyn Byam

Katelyn Byam (center), 2016 graduate of Spirit River Regional Academy is the recipient of the 2015-2016 PWSD FNMI Scholarship, valued at \$1,000. Ms. Byam is currently enrolled in the Bachelor of Science in Kinesiology program at Grande Prairie Regional College (GPRC), with future plans to study Physiotherapy. The award was presented by FNMI Coordinator Darrell Willier (l) and Corinne Dennis (r), FNMI Liaison Worker at SRRA.



Alberta Education changing PAT administration next year

In the 2017-2018 school year, Grades 6 and 9 Provincial Achievement Tests (PATs) will be administered to students during an administration "window" specified by Alberta Education, rather than according to a pre-set, single date and time for each exam.



- **Grades 6 and 9 (written response):** May 7-11, 2018
- **Grades 6 and 9 (multiple choice):** June 11-28, 2018

COUNCIL CORNER

What do School Councils do?

The Alberta School Councils' Association (ASCA) provides a School Council Resource Guide that contains links to online resources and up-to-date information for school councils. Council members and parents may access the guide at http://cymcdn.com/sites/www.albertaschoolcouncils.ca/resource/resmgr/scr_guide/school_council_resource_guide.pdf. The following list may be used by School Councils as a quick reference tool:

What School Councils are:

- A forum through which members of school communities **play an advisory role** in school improvement planning.
- A vehicle to support meaningful parental involvement in decisions that affect the school and its operations.



Core Activities:

- Advise the Principal and Board on educational issues that pertain to the school.
- Consult with the Principal on extra school fees (other than basic textbook fees) and the school budget.
- Communicate the school's Three Year Plan, including goals, objectives, action plans and procedures.
- Communicate and consult with parents and the school community.
- Meet regularly.

What School Councils are not:

As the primary role is advisory, school councils are not eligible to incorporate as societies. It is not the primary intent of school councils to fundraise or lobby.

Roles not to be taken on by a School Council:

- School governance.
- Employment issues.
- School management.
- Resolving complaints.



[PWSD Policy JC](#) provides additional information. [Exhibit 2](#) of Policy JC outlines a timeline for Principals to bring forward items for School Councils' advisory input.

UPCOMING EVENTS

Kindergarten Registration

Is your child turning five in 2017? PWSD's online InfoSnap registration is now open. See ad on page 4.

Junior Achievement World of Choices Event

Thursday, March 30
8:30 a.m. - 2:30 p.m.

The CAREER Showcase:
Skilled Trade and Health Fair
Thursday, March 30
6:00 p.m. - 8:00 p.m.

ENTREC Centre, Evergreen Park, Grande Prairie.

Leaders of Tomorrow Awards Nominations due April 3, 2017

Recognize volunteers aged 13-18: <http://www.volunteergreendepth.com/services/recognition-programs/leaders-of-tomorrow>

ASCA Webinar Wednesday

Apr. 5: Masterful Minutes

Apr. 12: CAREERS: Supporting Youth Exploring
www.albertaschoolcouncils.ca

PSBAA Campaign School

Thursday, April 6 in Edmonton
www.public-schools.ab.ca

Languages Without Borders

April 6-8 in Edmonton
Shaw Conference Centre,
<https://www.caslt.org/LWB-2017-LSF/>

Good Friday and Easter Monday

Friday, Apr. 14; Monday, Apr. 17
No classes. PWSD offices and shops will be closed.

Spring Break

April 17-21 – No classes.

Upcoming PWSD Board Meetings

April 27, May 25 and June 22, 10:30 a.m. at Central Office.

North West Regional Skills Canada Competition
Friday, April 28 in Fairview

ASCA Annual Conference and AGM, Delta Edmonton South
April 28-30
<http://www.albertaschoolcouncils.ca/?page=Conference>

School Bus Driver Appreciation Day
Monday, May 1

SCHOOL NEWS

The Revenant actor stars in FNMI school tour

Ten PWSD schools welcomed actor and stuntman Duane Howard during the FNMI school tour on March 13-17. Many recognized him as 'Elk Dog' from the film, *The Revenant*. At Peace Wapiti Academy, he met with Grades 10, 11, and 12 Drama students who share his love of acting. Presentations were made at Harry Balfour, Beaverlodge Regional High, Elmworth, La Glace, Eaglesham, Bezanson, Ridgevalley, Hythe Regional, and Helen E. Taylor Schools.



Trustee engagement at PWSD Schools



In January, PWSD Trustees and Superintendent Rowe toured Harry Balfour School. The group met with students for a School Board governance engagement activity (pictured) and gathered feedback on what is working well at the school. Groups came up with three words describing what makes their school special, that were entered into a 'Wordle' and printed as a poster. Trustees toured Peace Wapiti Academy on March 2, and will tour Sexsmith Secondary and Penson Schools on March 30. In April, they will head west to Elmworth and Hythe Regional Schools. Tours will wrap up in May with visits to Rycroft and Eaglesham Schools.

Tower gardening at Woking School

Students have been busy planting seeds for transplant to the school's indoor tower garden. The cost of the unique mobile indoor greenhouse was covered by a donation from ConocoPhillips.



County of Grande Prairie support for PWSD schools

Thanks to the County of Grande Prairie for their continuing support. Grants announced in December, 2016 included:

- \$40,000 for Hythe Regional School's new playground base.
- \$25,000 to the Whispering Ridge Playground Society.
- \$11,000 for irrigation system upgrades to the Sexsmith Secondary School football field.
- \$8,500 for benches and picnic tables at Clairmont Community School.
- \$5,000 for 28 concussion helmets for the Peace Wapiti Academy Titans Football team.
- \$200 each to Sexsmith Secondary, Beaverlodge Regional High and Peace Wapiti Academy Dry Grad Committees.

The County also supports busing through road clearing and maintenance, and by providing the PWSD Transportation Department with updates on road conditions.

Spring is in the air at Savanna School

Savanna School will host their annual spring concert on April 6, with a potluck dinner and art show and sale.

Breakfast program receives local support

A recent \$600 donation from the Rycroft Farmers Market has boosted Eaglesham School's breakfast program. The goal is to expand the program to a daily event next year.

Third annual CCS Student Convention



Clairmont Community School (CCS) hosted its third annual Student Convention on March 17. The engaging day of discovery, exploration and positive energy included three sessions for students to explore technology, sports, arts, fitness, cooking, painting, team building, and music.

Shinny hockey back at Wembley Elementary

During February and March, WES offers a 6-8 week shinny hockey program for Grades 3 and 4 students not involved in minor hockey. The program has been running for more than 10 years. The season-ending game sees parents, staff and the entire student body cheering on the program's 35+ participants.

Is your child turning five in 2017?

Kindergarten Registration

IS NOW OPEN.
All families welcome.

REGISTER ONLINE
infosnap

Click the 'Register Online' button found under the 'Registration' tab on the school website.

'Register Online' links are also available on the PWSD website: www.pwsd76.ab.ca

If you do not have access to the Internet, please contact the school for assistance.

A birth certificate and proof of residency are requirements for in-person or online registration.

PEACE WAPITI PUBLIC SCHOOL DIVISION NO. 76
EDUCATING TODAY FOR SUCCESS TOMORROW

PWSD DIVISION UPDATE

PWSD Division Update is a report on news from Peace Wapiti Public School Division, produced for the Spring and Fall General School Councils' Meetings.

Content and Design:

Angela Sears
Communications Officer
angelasears@pwsd76.ab.ca



PEACE WAPITI PUBLIC SCHOOL DIVISION NO. 76
EDUCATING TODAY FOR SUCCESS TOMORROW

GOOD NEWS

Bonanza Kindergarten student creates fundraiser for Haiti



During the past year, Adrien reached out to his schoolmates at Bonanza School for donations of vitamins, baby formula, new soccer balls and goalie equipment, and cash for Haitian orphans. He personally delivered the donations at the end of January when he traveled with his family to the Mission of Grace in Carriès, Haiti.

PWSD Spring Band Concert



The annual PWSD Spring Band Concert was held on March 14 at GPRC, with performances by bands from Clairmont Community School, Harry Balfour School and Peace Wapiti Academy.

Students: Join the Minister's Youth Council – Deadline is May 5, 2017



Alberta Education is looking for 32 junior and senior high school students to form a Minister's Youth Council made up of individuals with diverse interests, identities, background and perspectives. For information and the application, visit www.education.alberta.ca/myc.

For more good news, read the News & Announcements section at www.pwsd76.ab.ca.

Sign up for school bus route notifications by email



Receive alerts on the status of your route. Visit <http://transportation.pwsd76.ab.ca>. Select your bus route number(s), enter your email address, and click 'Subscribe'. Please ensure that a valid email address has been entered. Your email provider may file the initial notification in your junk email folder – approve it in your "Safe Senders List".



PUBLIC SCHOOL BOARDS'
ASSOCIATION OF ALBERTA

GOVERNANCE SEMINAR: CAMPAIGN SCHOOL

**Get ready for the upcoming municipal election with the
Public School Boards' Association of Alberta's Campaign School.**

WHO SHOULD ATTEND?

- Candidates seeking municipal office
 - Trustees, campaign managers
- Spouses of candidates or spouses seeking re-election

Please bring your campaign ideas, materials from previous elections if you have run before, and suggestions to improve the percentage of voters in our municipal elections. NOTE: This session is about how to get elected. Unfortunately, there is not enough time to study the legalities of filing papers, deadlines, reporting, etc. This information is available from Elections Alberta.

Thursday, 6 April 2017 at 8:30 a.m.
Courtyard Edmonton West

Facilitated by: Maurize Fritze
Price: \$175.00

We are pleased to announce the Public School Boards' Association of Alberta has partnered with Hon. Stephanie McLean, Minister of Status of Women, to host a Panel Discussion following the Campaign School workshop.

REGISTER TODAY:
PUBLIC-SCHOOLS.AB.CA

#ReadyForHer

access free tools & resources at: readyforher.alberta.ca

A · S · B · A

Alberta School Boards Association

Be a leader
in your community

become a school board trustee



October 16, 2017

SCHOOL BOARD ELECTIONS

Please note these are general guidelines only, and not a guarantee of your eligibility. Consult the most current version of the *Local Authorities Election Act* and the *School Act* online at www.qp.alberta.ca, as well as your local school jurisdiction's candidate requirements, to confirm your eligibility.

Legal considerations for candidates

Am I eligible to run for school board trustee?

Regardless of the school division or regional authority you want to represent, there are some basic requirements you must meet. You must:

- be at least 18 years old;
- be a Canadian citizen;
- have lived in Alberta for at least six consecutive months immediately preceding nomination day, and you live within the boundaries of the jurisdiction in which you wish to run.

This year, **Monday, September 18, 2017** is nomination day in Alberta; however, there may be local exceptions. You are responsible for verifying the date and time for nominations with your local school division.

Depending on the school jurisdiction – public, separate or francophone – there may be additional eligibility requirements you must meet.

In public school jurisdictions, you must:

- be eligible to vote in the election;
- have lived in the local jurisdiction and the ward, if any, for at least six consecutive months immediately preceding nomination day*

In separate school jurisdictions, you must:

- be eligible to vote in the election;
- comply with the faith requirements set out under section 256(3.1) of the *School Act*;
- have lived in the local jurisdiction and the ward, if any, for at least six consecutive months immediately preceding nomination day.*

In francophone school jurisdictions, you must:

- be at least 18;
- be a Canadian citizen;
- have lived in Alberta for at least six consecutive months immediately preceding nomination day.

* Regardless of this requirement, a candidate for trustee of a board of a school district that is wholly or partly within the boundaries of a city is not required to be a resident of the ward but must be a resident of the school district.

Who is not eligible to run for school board trustee?

You are not eligible to run if, on nomination day, you:

- are an employee of any school district, school division, charter school or private school as of nomination day – unless you take an unpaid leave of absence to run before the last working day prior to nomination day;
- are an auditor of the jurisdiction in which you want to be a candidate;
- do not meet the residency requirement for the jurisdiction in which you want to run;
- are otherwise ineligible or disqualified as outlined under section 22 of the *Local Authorities Election Act*.

See sections 22, 23 and 24 of the *Local Authorities Election Act* for more details.

Who is eligible to vote?

You are eligible to vote in a public or separate school division or district election if, on election day, you:

- are at least 18 years old;
- are a Canadian citizen;
- have lived in Alberta for at least six consecutive months immediately preceding election day;
- live within the boundaries of the local jurisdiction on election day.

You are eligible to vote in a francophone regional authority if, on election day, you:

- are at least 18 years old;
- are a Canadian citizen;
- are francophone;
- have lived in Alberta for at least six consecutive months immediately preceding election day;
- have a child enrolled in a school operated by the francophone regional authority.

*A person who is eligible to vote in an election for a board other than a regional authority and in an election for a regional authority may exercise the right to vote in both elections.

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Do I have what it takes to be a successful school board trustee?

Am I prepared to put my community and students first?

Successful school board trustees put the needs of students first. They run for office because they passionately believe a quality education is one of the most important things a community can do to ensure students have the knowledge and skills that enable them to be better prepared for life.

Do I need to be an expert in education?

No, you don't. The school board trustee does not serve as a professional educator or as the spokesperson for a particular interest group or region. The ideal school board includes people from all aspects of life and is as representative as possible of the community it serves.



Residency

Where there is no separate school board in a geographical area, a person of any faith may run for the school board. Where there is a separate and public board in the same geographical area, people having the same faith as the separate board are only eligible to run for the separate board. Other people are only eligible to run for the public board.

Conflict of interest

Trustees may not participate in making decisions in which their economic self-interest may be in conflict with their public duty. The economic or pecuniary interest of a trustee's spouse or adult interdependent partner is deemed to be the economic interest of the trustee. See sections 80 to 91 of the *School Act* for more information on:

- the types of pecuniary interest;
- the steps a trustee who is in conflict must follow;
- the disqualification of a trustee;
- the consequence of refusing to resign upon being disqualified as required under the *School Act*.

Alberta's 61 school boards include more than 400 trustees, who make important decisions about how to educate close to 600,000 students from kindergarten to Grade 12. School boards guide the expenditure of \$6 billion in tax dollars.

What do school board trustees do?

School board trustees are local politicians elected by and accountable to the community they serve. The provincial government delegates to school boards the responsibility for conducting the affairs of the school jurisdiction. The school board has many responsibilities, including:

- setting school jurisdiction goals that ensure students have the knowledge and skills that enable them to be better prepared for life;
- planning school jurisdiction priorities based on provincial curriculum requirements, community input, available resources and best practices in education;
- developing and implementing an annual budget for the school jurisdiction based on curriculum requirements and strategic priorities;
- developing policies to guide school jurisdiction administration and employees toward division goals;
- ensuring residents of the school jurisdiction are regularly informed about the work and achievements of the school division;
- advocating on behalf of the school community to decision-makers and stakeholders on important issues that affect education, and to ensure education is a top public priority;
- ensuring regular opportunities for public input and access;
- evaluating the school jurisdiction's chief executive officer – the superintendent of schools.

This is general information only. Please confirm all dates and times with your local school board office. Local authorities may set different dates and times for filing nomination papers, and they may set another date for election day.

Submitting nomination papers

When do candidates file their nomination papers?

Typically, the returning officer for each local school jurisdiction receives nominations from prospective candidates between 10 a.m. and noon on nomination day. Generally across Alberta this year, nomination day is **Monday, September 18, 2017.**

How many signatures do I need?

Check with your local school board office. This requirement varies depending on the school jurisdiction.

Who can sign my nomination papers?

Each person who signs a candidate's nomination papers must be eligible to vote in the election for the office for which the candidate is running. They must be residents of the local jurisdiction on the day they sign the nomination form. Where there are wards, only electors who are residents of the ward for which a candidate is being nominated may sign the nomination form.

For more information:

Please contact your local school board office or visit the ASBA website at www.asba.ab.ca

Alberta School Boards Association
1200, 9925 109 Street
Edmonton, Alberta T5K 2J8
Phone: 1.780.482.7311
www.asba.ab.ca



Published March 2017

Administrative Procedure 164

WELLNESS

Background

Wellness is a balanced state of active living, healthy eating, and social/emotional well-being. Health and quality learning are interdependent. Educational research supports this connection and acknowledges the Division's role in creating and supporting healthy school communities as foundations for optimal learning. The Division is committed to a comprehensive school health approach that fosters lifelong wellness practices.

Procedures

1. The Comprehensive School Health approach in the Division focuses on three (3) priority areas: active living, healthy eating, and positive social/emotional environments, and acknowledges the interconnectedness between the three.
 - 1.1 **Active Living**

Students who are physically active are more likely to exhibit on-task behaviour, academic success, and social inclusion. Incorporation of activity into daily routine and an active living lifestyle supports optimal physical, cognitive and social growth and development that helps maintain a healthy body weight and reduces the risk of chronic disease.
 - 1.2 **Healthy Eating**

Nutrition plays a significant role in student growth, developing disease resistance, and physical and mental health. Students who make wise and healthy food choices based on Canada's Food Guide to Healthy Eating support optimal physical, cognitive and social growth and development while reducing their risk of obesity and chronic disease.
 - 1.3 **Social/Emotional Well-being**

Students who have a strong sense of self and belonging and who feel safe and cared for at school are more likely to achieve greater academic success, have successful and rewarding relationships, and exhibit positive social/emotional behaviours.
2. Principals will identify a Wellness Champion to facilitate student and staff access to community resources to enable everyone to:
 - 2.1 Participate in active living opportunities both within and outside of school,
 - 2.2 Make healthy nutritional choices, and
 - 2.3 Promote positive social/emotional well being.
3. Employees will act from the understanding that staff advocacy and role modeling influence wellness and learning.

4. Active Living

Individuals have the knowledge, skills, attitudes and opportunities to live an active lifestyle. Principals, in conjunction with their staff will:

- 4.1 Provide quality daily physical activity (grades 1-9) and encourage students to engage in physical activity inside and outside of regular curriculum to support their development as healthy, active learners;
- 4.2 Provide for opportunities to meet the outcomes of the Physical Education Program of Studies; or meet the minimum time allocations for quality physical education;
- 4.3 Use Physical Education expertise of the staff and others in providing/enhancing programming for students.

5. Healthy Eating

Individuals have the knowledge, skills, attitudes and opportunities to develop lifelong healthy eating practices.

- 5.1 The primary reference for the provision, promotion, sale and distribution of food in schools shall be the Alberta Nutrition Guidelines for Children and Youth from which principals, in conjunction with their staffs, shall provide foods from the "Choose Most Often" and "Choose Sometimes" categories, and limit foods from the "Choose Least Often" category. This Administrative Procedure does not impact lunches and/or snacks that students or staff members are bringing from home.
- 5.2 Principals must ensure that strategies are in place to foster the knowledge, skills and attitudes that promote healthy eating for everyone. In fulfilling this expectation, principals, in conjunction with their staffs, shall:
 - 5.2.1 Promote nutrition education and create an environment of positive food and beverage messages;
 - 5.2.2 Establish strong connections between nutrition education and foods available at the school;
 - 5.2.3 Schedule nutrition break(s) that provides time for eating and recreation; and
 - 5.2.4 Be encouraged to limit the use of food as a reward.
- 5.3 All school communities will examine their nutrition practices and provide opportunities, support and encouragement for staff and students to consume healthy foods/beverages. In fulfilling this expectation, principals, in conjunction with their staffs, shall:
 - 5.3.1 Explore healthy fundraising options based upon foods from the "Choose Most Often" category and limit foods from the "Choose Least Often" category;
 - 5.3.2 Create an environment where healthy foods/beverages are available, affordable and promoted as the best choice;
 - 5.3.3 Review options with food suppliers to maximize the nutritional value of the items;
 - 5.3.4 Limit the number of items from the "Choose Least Often" category offered during special days;

- 5.3.5 Be encouraged to model healthy nutritional practices.
- 5.4 Principals are encouraged to create their own health and wellness team that includes students, staff, and parents, in collaboration with public health nurses and other health-related professionals.
- 5.5 Principals shall promote healthy, reasonably priced food/beverage choices when sold or otherwise offered. In fulfilling this expectation, principals, in consultation with the school community, shall:
 - 5.5.1 Access expertise in the community through approaches including but not limited to partnerships, programs, referrals; and
 - 5.5.2 Offer healthy foods/beverages including healthy meal combinations.
- 6. Social/Emotional Well-being
 - 6.1 Every Principal, in conjunction with staff, will actively develop the relationship between student/staff- sense of connectedness and their social/emotional well-being by:
 - 6.1.1 Supporting and embedding education programs to support emotional well – being.
 - 6.1.2 Creating learning environments where emotional well-being is role modeled and developed in students.
 - 6.1.3 Accessing the resources and links with community agencies, partners and support networks to help students/staff develop the skills to be aware of and monitor their emotional well-being.
 - 6.2 Every Principal, in conjunction with staff, will also:
 - 6.2.1 Access integrated, multidisciplinary social/emotional supports that may include partnerships with communities and other agencies.
 - 6.2.2 Provide a school environment that encourages making positive choices to support healthy body image.
 - 6.2.3 Provide education reducing the stigma surrounding mental health shall be provided.

Adopted/Revised: June 2014, JUN 2016

Reference: Section 18, 20, 22, 45, 45.1, 60, 61, 113 School Act
Public Health Act Food Handling Regulations, 2006
Alberta Health and Wellness Food Retail and Food Services Code
Alberta Nutrition Guideline for Children and Youth, 2008

Healthy Eating Rubric

This rubric has been developed to assess the quality of the nutrition environment within a school community. The pillars of Comprehensive School Health have been embedded to support the learning needs of all students through the promotion of healthy eating within the school community. Refer to the *Healthy Eating Rubric: Backgrounder and User Guide* for more information and instructions.

Circle the indicator in each row that best describes your school's current level of achievement in that area.

PILLAR #1: HEALTHY SCHOOL POLICY Management practices, decision-making processes, rules, procedures and policies at all levels that promote health and wellbeing, and shape a respectful, welcoming and caring school environment.				
	4 – Keep it Up!	3 – Getting Closer	2 – On the Road	1 – Just Beginning
HEALTHY EATING POLICY Are there nutrition policies and procedures aligned with the <i>Alberta Nutrition Guidelines for Children and Youth</i> ⁴ to support healthy eating at school?	School and/or district-level policies and/or procedures have been fully implemented to ensure that healthy eating is supported within the school community	Policies and/or procedures are being developed and/or partially implemented to support healthy eating within the school community	The school offers informal support for healthy eating, but has not yet addressed this issue in a formal way	We have just begun to raise awareness of the importance of developing some guidelines to support healthy eating at school
FOOD SAFETY POLICY Are food safety guidelines in place to protect students from illness and injury?	All safety procedures and standards related to food handling, preparation, equipment, and facilities are followed	Most safety procedures and standards related to food handling, preparation, equipment, and facilities are followed. Strategies to address gap areas are being developed	Some safety procedures and standards related to food handling, sanitation, and equipment are followed. We are raising awareness of these gap areas	We have just begun to consider the importance of safety procedures and standards related to food handling, preparation, facilities, and equipment
LEADERSHIP SUPPORT Does the school administration drive healthy eating initiatives?	The administration models healthy eating habits and provides leadership in creating a culture of healthy eating in the school community	The administration supports healthy eating habits and choices	The administration offers some support for healthy eating habits and choices, but leadership in this area is limited	Administrators are just beginning to offer support for healthy eating habits and choices

PILLAR #2: SOCIAL AND PHYSICAL ENVIRONMENT

The social environment is:

- The quality of relationships among and between staff and students in the school
- The emotional wellbeing of students
- Influenced by relationships with families and the wider community

The physical environment is:

- The buildings, grounds, play space, and equipment in and surrounding the school
- Basic amenities such as sanitation and air cleanliness

	4 – Keep It Up!	3 – Getting Closer	2 – On the Road	1 – Just Beginning
UNIVERSAL ACCESS Do all students have equal access to healthy food choices? (e.g. breakfast, snack, lunch programs, vending machines, canteen, cafeteria, classroom snacks are all inclusive)	All students have equal access to healthy food choices at school	Most students have access to healthy food choices at school, but not all programs are inclusive	Some students have access to healthy food choices, but access is limited by one or more factors (e.g. cost of healthy foods, availability, culturally inclusive)	We have just begun to consider how all students can access healthy food choices
SPECIAL FOOD DAYS Are healthy options provided for special food days?	Almost all hot lunches and special food days in our school involve healthy food and beverages exclusively	Healthy food and beverages are available for most hot lunches and special food days	A few special food days offer healthy food and beverages	We are just beginning to consider offering healthy food and beverages during hot lunches and special food days
REWARDS and RECOGNITION Does the school use healthy rewards as incentives? (e.g. healthy foods or non-food items such as swim parties, extra DPA time, stickers, skipping ropes)	All rewards are healthy	Most rewards are healthy	Some rewards are healthy	We have just begun to raise awareness of healthy alternatives for rewards
FUNDRAISING Do fundraising efforts support healthy eating?	All fundraising efforts support healthy eating through the sale of non-food items or healthy foods	Most fundraising efforts in our school support healthy eating through the sale of non-food items or healthy foods	Some fundraising efforts in our school support healthy eating through the sale of non-food items or healthy foods	We are just beginning to consider fundraising efforts in our school that will support healthy eating
EATING ENVIRONMENT Is there an adequate amount of time and space allocated for lunch?	At least 20 minutes is provided to eat lunch and adequate space and tables are available daily	Either 20 minutes is provided or adequate space and tables are available daily, but not both. Strategies are being developed to address these issues	Either 20 minutes is provided or adequate space and tables are available daily, but not both. We are raising awareness of these issues	Currently there is less than 20 minutes offered for lunch and we do not have a designated space to eat lunch (e.g. eat in hallway)
CELEBRATIONS Are healthy choices available during team, club, and classroom celebration activities?	All celebrations in our school involve healthy food and beverages	Most celebrations in our school involve healthy food and beverages	A few celebrations offer healthy food and beverages	We are just beginning to consider offering healthy food and beverages at celebrations

PILLAR #3: PARTNERSHIPS AND SERVICES

Partnerships are:

- Connections between the school and students' families.
- Supportive working relationships within schools (staff and students), between schools, and other community organizations and representative groups.
- Health, education and other sectors working together to advance school health.

Services are:

- Community and school based services that support and promote student and staff health and wellbeing.

	4 – Keep it Up!	3 – Getting Closer	2 – On the Road	1 – Just Beginning
ENGAGEMENT Are there opportunities for all types of school community members (e.g. students, parents, school staff, administration, community members) to participate in school-wide initiatives that promote healthy eating (e.g. meal programs, healthy living fairs, hot lunches, family picnics/potlucks, community gardens)?	All the different types of school community members are actively engaged in programs and activities that support healthy eating	Several different types of school community members are involved in programs and activities that support healthy eating. Strategies to engage a broader range of stakeholder groups are being developed	Staff and students are involved in programs and events that promote healthy eating and we are developing strategies that will encourage involvement from additional stakeholders	We have just begun to consider the importance of engaging more school community members in programs and activities that promote healthy eating
COMMUNITY PARTNERSHIPS Are partnerships established within the community to support healthy eating at school (e.g. Alberta Health Services, community organizations, local businesses)?	Partnerships have been fostered within the community to support and sustain healthy eating choices at school	Partnerships are being developed within the community to support healthy eating choices at school	The school has initiated communication with potential partners within the community to support healthy eating at school	We are just beginning to identify potential partners within the community that may be interested in supporting healthy eating at school
SUSTAINABILITY Do you have the necessary resources and support (e.g. volunteers, grants, donations) to sustain healthy choices within all food programs/outlets on an ongoing basis (e.g. snack program, canteen, vending machine, cafeteria)?	The necessary resources and supports are available to sustain healthy choices in all food outlets and programs.	The necessary resources and supports are available to sustain healthy choices in most food outlets and programs.	The necessary resources and supports are available to sustain healthy choices in some food outlets and programs.	We are just beginning to investigate ways to make healthy choices sustainable for our students
COMMUNITY RESOURCES AND SERVICES Are community resources and services used to support healthy eating and wellness related programs at school (e.g. PD, credible nutrition websites, educational tools and resources, community services)?	Community resources and services are accessed frequently to encourage healthy eating and support wellness related programs	Community resources and services are accessed occasionally to encourage healthy eating and support wellness related programs	Community resources and services to support healthy eating are accessed on an inconsistent basis	Awareness of the community resources and services available to support healthy eating is just beginning to be generated

STAFF MODELLING Do staff members model healthy eating habits and choices?	Staff members model healthy food choices almost all of the time	Staff members model healthy food choices most of the time	Staff members model healthy food choices some of the time	We have just begun considering strategies that encourage healthier food choices amongst staff
STUDENT LEADERSHIP Are students engaged as leaders and decision-makers regarding healthy eating at school?	Students are always involved as decision makers in the promotion of healthy eating	Students are usually involved as decision makers in the promotion of healthy eating	Students are sometimes involved as decision makers in the promotion of healthy eating	We have just begun to consider strategies to increase student involvement as decision makers in the promotion of healthy eating

PILLAR #4: TEACHING AND LEARNING

Resources, activities and provincial/territorial curriculum where students gain age-appropriate knowledge and experiences, helping to build the skills to improve their health and wellbeing

	4 – Keep it Up!	3 – Getting Closer	2 – On the Road	1 – Just Beginning
EDUCATION Are there educational opportunities for members of the school community to learn about healthy eating?	Regularly scheduled opportunities to learn about healthy eating are provided to the school community through a variety of educational materials, communications, and events/initiatives	Occasional opportunities to learn about healthy eating are provided to the school community through various educational materials, communications, and events/initiatives	Opportunities to learn about healthy eating are provided on an inconsistent basis , and educational materials, communications, and events/initiatives are limited in number and/or accessibility	We have begun to consider the importance of providing educational opportunities for the school community to learn about the benefits of healthy eating
CURRICULUM Is healthy eating reinforced in applicable subject areas (e.g. Science, Language Arts, Math, Arts Social Studies) using a coordinated approach?	Healthy eating is integrated into all applicable subject areas in a coordinated way	Healthy eating is integrated into most applicable subject areas in a coordinated way	Healthy eating is integrated into some applicable subject areas and we are working on a more coordinated approach	We have just begun to consider ways of integrating healthy eating into applicable subject areas
STAFF LEARNING OPPORTUNITIES Are staff members provided with the appropriate training and resources to promote healthy eating among students?	Regularly scheduled training/information/PD opportunities related to the promotion of healthy eating are available to all staff members	Occasional training/information/PD opportunities related to the promotion of healthy eating are available to all staff members	Inconsistent opportunities for training/information/PD opportunities related to the promotion of healthy eating are available to all staff members	We have just begun to consider the importance of providing training/information/PD opportunities related to the promotion of healthy eating for staff members

Healthy Eating Rubric Results Summary Table

Rubric Components	Assessment 1 (e.g. beginning of school year)			Is this a priority area for your school? (check if yes)	Assessment 2 (e.g. end of school year)		Additional Comments
	Score	What are you doing well?	What could you improve?		Score	What actions were taken in this area?	
Healthy School Policy							
Healthy Eating Policy				<input type="checkbox"/>			
Food Safety Policy				<input type="checkbox"/>			
Leadership Support				<input type="checkbox"/>			
Total (out of 12)							
Social and Physical Environments							
Universal Access				<input type="checkbox"/>			
Special Food Days				<input type="checkbox"/>			
Rewards and Recognition				<input type="checkbox"/>			
Fundraising				<input type="checkbox"/>			
Eating Environment				<input type="checkbox"/>			
Celebrations				<input type="checkbox"/>			

Healthy Eating Rubric Results Summary Table

Rubric Components	Assessment 1 (e.g. beginning of school year)			Is this a priority area for your school? (check if yes)	Assessment 2 (e.g. end of school year)		Additional Comments
	Score	What are you doing well?	What could you improve?		Score	What actions were taken in this area?	
Staff Modeling				<input type="checkbox"/>			
Student Leadership				<input type="checkbox"/>			
Total (out of 32)							
Partnerships and Services							
Engagement				<input type="checkbox"/>			
Community Partnerships				<input type="checkbox"/>			
Sustainability				<input type="checkbox"/>			
Community Resources				<input type="checkbox"/>			
Total (out of 16)							
Teaching and Learning							
Education				<input type="checkbox"/>			
Curriculum				<input type="checkbox"/>			
Staff Learning Opportunities				<input type="checkbox"/>			

Healthy Eating Rubric Results Summary Table

Rubric Components	Assessment 1 (e.g. beginning of school year)			Is this a priority area for your school? (check if yes)	Assessment 2 (e.g. end of school year)		Additional Comments
	Score	What are you doing well?	What could you improve?		Score	What actions were taken in this area?	
Total (out of 12)							
	Assessment 1				Assessment 2		Additional Comments
TOTAL SCORE FOR ALL FOUR PILLARS (out of 72)							

Formatting Notes for Rubric: Within table, create some separation using darker lines between the four pillars (each colour of the table), assessment 1 and assessment 2 results (horizontal separation), the total score for all pillars (colours can be changed)



Healthy Eating in School Environments

Developed by Health Promotion Coordinators
and Registered Dietitians
Alberta Health Services



Outline

- Introduction to Comprehensive School Health and healthy eating policy
- Activity
- Resources
- Questions



What makes your school healthy?



What is a Healthy School Community?

A **healthy school community** is one that supports the wellness of all of its members (students, teachers, staff, parents) and constantly strengthens its capacity as a healthy setting for living, learning and working.

~ Alberta Coalition for Healthy School Communities (ACHSC)

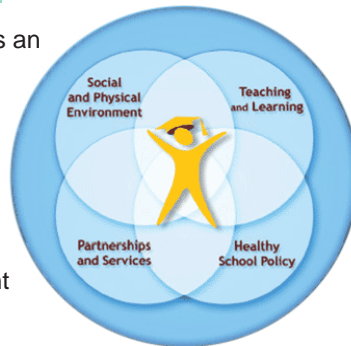


Building a Healthy School Community...

Comprehensive School Health (CSH) is an approach to building a healthy school community.

Four pillars for action:

- **Healthy School Policy**
- Teaching and Learning
- Partnerships and Services
- Social and Physical Environment



Healthy students are better learners and better educated students are healthier!

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What does a healthy school look like?

Social and Physical Environment:

- Provide healthy food where food is offered
- Place wellness events on school calendar
- Build a culture of “wellness”

Teaching and Learning:

- Kindergarten – Grade 12 Wellness Education
- PD opportunities for staff
- Healthy newsletter inserts

Partnerships and Services:

- Healthcare providers
- Food providers and vendors
- Staff
- Parents and community
- Health Champion Model

Healthy School Policy:

- Nutrition policy
- Daily Physical Activity policy
- Wellness policy

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Healthy School Policy Defined

Healthy School Policy is...

“The management of practices, decision-making processes, rules, procedures and policies at all levels that promote health and wellbeing, and shape a respectful, welcoming and caring school environment”

~ Joint Consortium for School Health

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Benefits of Healthy School Policy

- **Why is healthy school policy important?**
 - Provides evidence of leadership, commitment, and support for school health
 - Establishes accountability and target outcomes
 - Drives positive change and defines a culture of health and well-being in schools
 - Promotes sustainability of school health activities
- **Healthy school policy influences the other three pillars of CSH**
- **A healthy school policy is only as good as the process by which it is developed**

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Healthy School Policy and Practice...

Policy informed Practice

- Healthy school policy guides school health initiatives

vs.

Practice Informed Policy

- School health initiatives guide healthy school policy

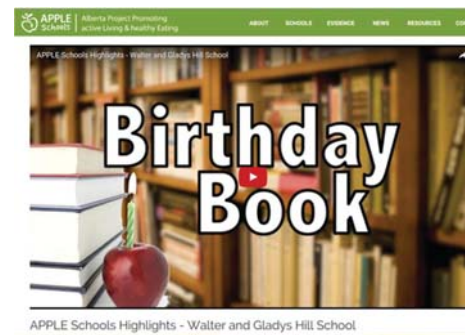
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Classroom Celebrations: Success Story!

- <http://www.appleschools.ca/birthday-book-187>

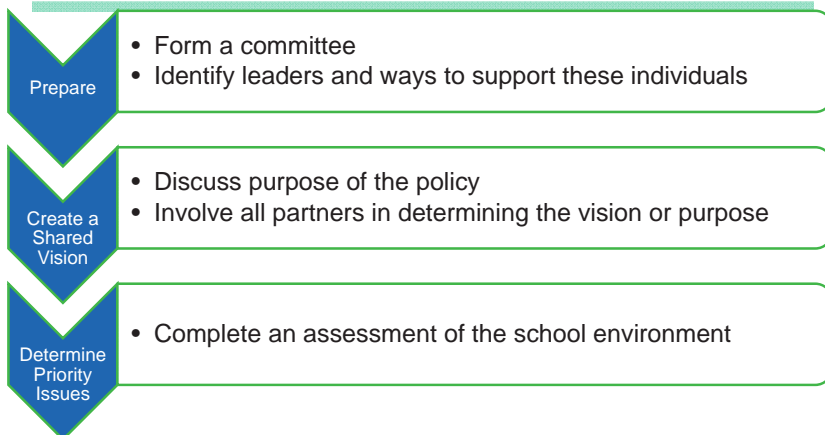


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The Policy Process

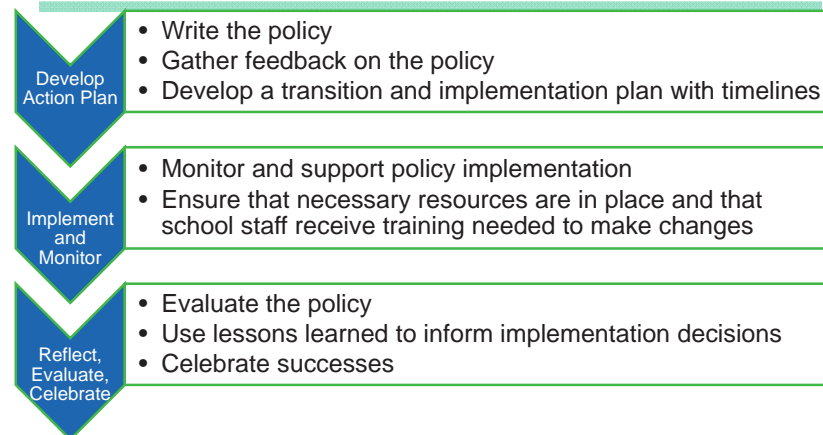


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The Policy Process



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Healthy Eating Rubric

- A tool to assess the healthy of your school community
- Pillar 2: Social & Physical Environments. Pick 1 row & circle where your school is on the rubric.
- Fill out assessment 1 of the rubric for that row
- 7 min

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Peace River School Division Administrative Procedure - Wellness

5. Healthy Eating

Individuals have the knowledge, skills, attitudes and opportunities to develop lifelong healthy eating practices.

- 5.1 The primary reference for the provision, promotion, sale and distribution of food in schools shall be the Alberta Nutrition Guidelines for Children and Youth from which principals, in conjunction with their staffs, shall provide foods from the "Choose Most Often" and "Choose Sometimes" categories, and limit foods from the "Choose Least Often" category. This Administrative Procedure does not impact lunches and/or snacks that students or staff members are bringing from home.
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 - 5.3.2 Create an environment where healthy foods/beverages are available, affordable and promoted as the best choice;
 - 5.3.3 Review options with food suppliers to maximize the nutritional value of the items;
 - 5.3.4 Limit the number of items from the "Choose Least Often" category offered during special days;

Peace River School Division No. 10

June 2016

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Comprehensive School Health

ABOUT AHS

FIND HEALTH CARE

INFORMATION FOR

CAREERS

NEWS

AHS IN MY ZONE

Home > Information For > Schools & Teachers > The Comprehensive School Health Approach

Comprehensive School Health Approach

The Comprehensive School Health Approach

Alberta Health Services Comprehensive School Health Working Group

Alberta Health Services Framework for the Comprehensive School Health Approach

Healthy School Policy

Introduction to the Comprehensive School Health Approach

Partnerships and Services

Steps for Building Healthy School Communities

Teaching and Learning

The Comprehensive School Health Approach

A healthy school community is one that supports the wellness of all its members (students, teachers, staff, and parents) and strives to be a healthy setting for living, learning, and working.

How Can You Build Healthy School Communities?

Comprehensive School Health is an internationally recognized and effective approach for building healthy school communities. It can be used to address a variety of health issues and can improve health, education, and social outcomes for children and youth. The resources on this website are meant to support teachers, students, school administrators, school jurisdiction staff, health professionals, parents, and community members in building healthy school communities.

Explore the topics below and discover resources to support healthy school communities.

- **Introduction to Comprehensive School Health**
Learn about the basics of comprehensive school health and how it supports student health and educational success.
- **Steps for Building Healthy School Communities**
Discover tools and templates that support the process of building a healthy school community.

Resources

Provincial Teacher Resource List
This list includes both resources that can be used by teachers in the classroom and resources for teachers about specific health topics.

Healthy Children and Healthy Teens Newsletters
These newsletters are targeted at parents of both elementary students and junior/high school students (available in English and French).

Healthy Schools Calendar
These calendars highlight a wide range of health promotion events and funding opportunities for schools.

Webinar for Teachers

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Healthy Eating Starts Here

ABOUT AHS

FIND HEALTH CARE

INFORMATION FOR

CAREERS

NEWS

AHS IN MY ZONE

Home > Information For > Schools & Teachers > Healthy Eating Starts Here

Healthy Eating Starts Here

Healthy Eating Starts Here School Nutrition

Healthy eating at schools supports healthy food environments and provides resources for school teachers, child educators, parents and health professionals working in schools and recreation facilities. Healthy eating environments teach and encourage young Albertans to make healthy food choices and live a healthy lifestyle.

Creating Healthy Eating Environments in Schools

- Tools and resources to support healthy food environments in schools and promote the implementation of the Alberta Nutrition Guidelines for Children and Youth

Curriculum Based Lesson Plans

Resources

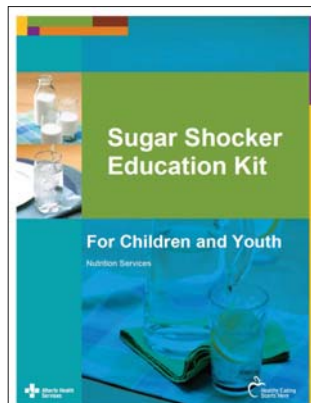
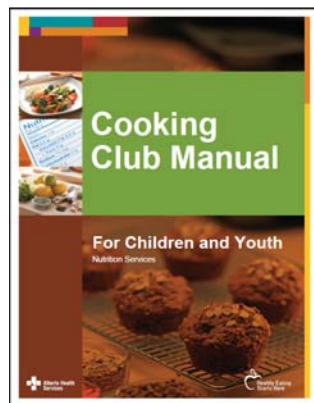
- Healthy eating
- Nutrition guidelines
- School and teachers
- Creating healthy eating environments in schools
- Curriculum Based Lesson Plans
- Nutrition Sites
- School Nutrition Education Resource List
- Research and resources to support healthy eating environments in schools

healthyeatingstartshere

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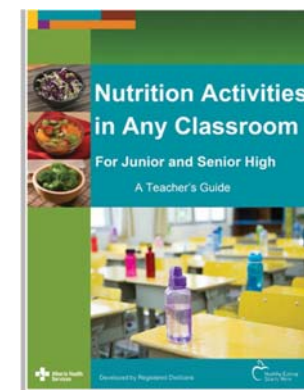
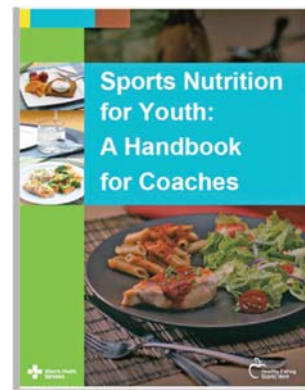
Toolkits



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Toolkits



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Social & Physical Environment Resources

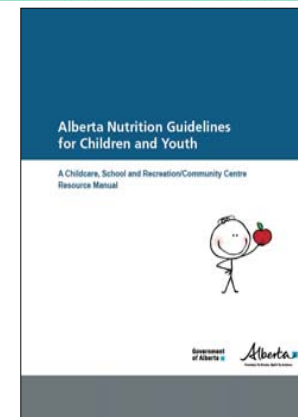


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Cafeteria: Resources

- Alberta Nutrition Guidelines
- [Special Lunch Days](#)

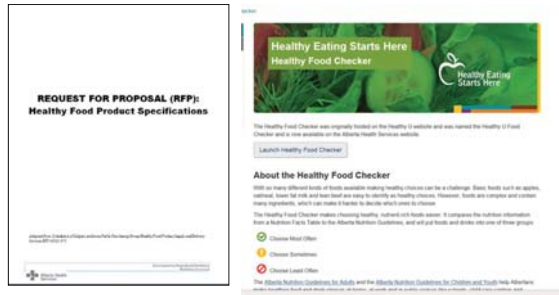


www.albertahealthservices.ca

(#)

Vending: Resources

- RFP: Healthy Food Product Specifications
- Healthy Food Checker ([Healthy Food Checker](#))



www.albertahealthservices.ca

(#)

THANK YOU!



- Kaitlin Niksic, Health Promotion Coordinator

Kaitlin.niksic@ahs.ca

- Danielle Wohlgemuth, Registered Dietitian

Danielle.wohlgemuth@ahs.ca

www.albertahealthservices.ca

(#)

Grande Prairie

9607-102 St

Grande Prairie, AB. T8V 0T8

P. 780.538.3388

F. 780.538.3368

P. 780-832-8548 (after hours)

info@hivnorth.org

Peace River

Sagitawa Friendship Centre

Box 5083, 10108-100 Ave.

Peace River, AB. T8S 1R7

P. 780.624.2443

regionoutreach@hivnorth.org

Fort McMurray

Shell Place, Redpoll Centre

1C.A. Knight Way

Fort McMurray, AB. T9H 5B6

P. 780.791.3391

fmadmin@hivnorth.org

Office Hours

Monday– Friday

9:00am to 12:00pm

1:00pm to 4:30pm

www.hivnorth.org



GRANDE prairie
100 YEARS

ROSWAN CITY ROTARY CLUB
GRANDE PRAIRIE, ALBERTA, CANADA

Alberta Health Services

COMMUNITY FOUNDATION
of Northwestern Alberta

Rotary
Club of Grande Prairie
Since 1951

United Way
Alberta Northwest
Change starts here.

United Way
of
FORT MCMURRAY

Alberta

ALCC HIV
ALBERTA COMMUNITY COUNCIL ON HIV

AGLC
Alberta Gaming and Liquor Commission
An Agent of the Government of Alberta

Public Health Agency of Canada
Agence de la santé publique du Canada



Imagine A World Without AIDS

Grande Prairie Region

HIV North Society is a not-for-profit AIDS Service Organization which has served the Alberta Peace Region since 1987.

Mission

To lead Alberta's north in the fight against HIV through education, innovation, advocacy, and collaboration.

Vision

A world without AIDS.

Client Support

Person centered support for people living with or at risk for HIV/HCV/STI

- Pre/ Post Test Counseling.
- HIV/HCV/STI Testing.
- Referrals to community professionals.
- Resource Library in house.

Community Referrals

- Navigation Support.

Education

HIV/HCV/STI education provided for community groups, schools, agency staff, organizations and businesses. Our presentations focus on HIV/STI/BBP, HCV and Harm Reduction and can be tailored to meet the needs of any group.



Outreach Services

Outreach Services are provided within the downtown core and greater community of Grande Prairie, focusing on one-on-one education and distribution of harm reduction supplies.

Women's Drop In

Providing supports to women living a high risk lifestyle and or working in the sex trade industry. Offering a place to rest, get a meal, and have access to personal care supplies. This program often serves as a first point of access to many community services.

Street Nurse

The street nurse is available to provide basic wound care, foot care, health advice, advocacy, referrals to other health professionals, and for HIV/HCV and other STI testing.

Overdose Prevention Program

Street Nurse provides an overdose prevention support with a Take Home Naloxone program.



Harm Reduction

Harm Reduction is a public health philosophy which aims to reduce negative impact of a behaviour, either on an individual and/or population basis.

It involves an honest, open, non-judgmental approach to social issues while meeting people "where they are at". This is realized through education, intervention and support. Our needle exchange operates onsite, through street outreach, and through our community pharmacy partners. Contact the office, or visit our website, for updated pharmacy partner information. Safer-sex supplies are available onsite and through street outreach.

Youth Mentor

Youth mentor provides confidential supports to LGBTQ youth, young adults, friends and family of the LGBTQ community and provides a weekly evening drop-in group.

Satellite Offices

Located in Peace River and Fort McMurray.

* See back for contact information.





Alberta
School Councils' Association

2017 ANNUAL GENERAL MEETING

Credentials Form for Parent Delegates on ASCA member school councils

**USE THIS FORM WHEN A PARENT DELEGATE FROM YOUR
SCHOOL COUNCIL IS COMING TO THE AGM TO VOTE FOR
YOUR SCHOOL COUNCIL**

This certifies that the Official Parent Delegate of

(name of School Council) is

NAME: _____

Email Address: _____

City/Town: _____

Telephone: _____

Signed: _____ Date: _____

Email Address: _____
School Council Chair or School Council Secretary

One delegate card and one set of Board of Director election ballots will be provided to the delegate listed on this form. (Additional attendees from your council may still attend the AGM)

Email or fax completed credentials form to tracyk@albertaschoolcouncils.ca or
(780-455-0167) by April 26th 2017 or

Bring completed original credentials form to AGM registration on April 30, 2017.



Alberta School Councils' Association

2017 Annual General Meeting

PROXY VOTING FORM

USE THIS FORM WHEN A PARENT FROM ANOTHER ASCA MEMBER COUNCIL IS COMING TO THE AGM TO VOTE ON BEHALF OF YOUR SCHOOL COUNCIL

As ASCA members in good standing, the parents of

_____ school council, in _____ Alberta,
(name of school) (city/town)

hereby appoint *** _____ as our proxy holder, to attend and vote
(name of parent delegate and name of school)

- ☐ on issue resolutions (please check to indicate permission)
- ☐ for the ASCA Board of Directors (please check to indicate permission)

at the ASCA Annual General Meeting, to be held on April 30, 2017.

SIGNATURES FROM TWO SCHOOL COUNCIL EXECUTIVE ARE REQUIRED

NAME (PLEASE PRINT)	SIGNATURE AND EMAIL ADDRESS	POSITION ON SCHOOL COUNCIL

DATE: _____

Return this completed form to the provincial office by email to tracyk@albertaschoolcouncils.ca or via fax to 1-780-455-0167 by April 26, 2017.
Incomplete or late forms will not be accepted.

The proxy holder must be an eligible parent delegate from a current ASCA member school council.

Be sure to communicate clearly to your proxy voter how you want your school council votes cast on issue resolutions and/or for the Board of Director elections.